

ELIMINATION RECORD

Name: _____ Year: _____

Date of last bowel movement: _____

| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |
|-----------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| January | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| February | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| March | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| April | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| May | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| June | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| July | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| August | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| September | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| October | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| November | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| December | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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* Initials of person making entry

NOTE: a full signature must be recorded on the Signature Log in the Daily Notes section of this record.

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| Comments: _____ _____ _____ |
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