



Progress, Inc.
319 Ezell Pike
Nashville, TN 37217

COMFORT ORDERS

Name: _____ DOB: _____

1. Complaints of headache or minor pain:
 - Acetaminophen 500 mg 2 tablets every 4 hours PRN X 24 hours. Do not give more than 8 tablets in 24 hours. If Pain > 24 hours or Episodes Number > 3 X per week, please schedule MD visit.
 - List Symptoms on back of MAR and result/response after 30 minutes
2. Elevated temperature:
 - Temperatures up to 101° , give *Acetaminophen* 500 mg 2 tablets every 4 hours PRN x 24 hours. Do not give more than 8 tablets in 24 hours. If Temperature > than 101 for 24 Hours, please notify MD.
 - List Symptoms on back of MAR and result/response after 30 minutes
 - 102° or above, notify physician immediately.
 - 105° or above go immediately to the Emergency Room
3. Uncomplicated constipation (without fever, nausea/vomiting or abdominal pain, (ie. no bowel movement in 3 days)
 - 2 oz Warm Prune Juice OR 30ml (1 Ounce/2 tablespoons) *Milk of Magnesia* with 12 oz. Water at Bedtime
 - Notify MD if Uncomplicated Constipation Occurs More Frequent than Every Two Weeks.
3. Constipation (If no results from intervention listed under #3)
 - Notify MD
4. Uncomplicated Diarrhea (without fever or severe abdominal pain)
 - Increase Clear Liquids (give 16 oz Power Ade or Gatorade twice daily until resolved) If no result notify physician in case of multiple loose stools and/or diarrhea that continues more than 24 hours.
5. Symptoms of upper respiratory infection (common cold):
 - Encourage Clear Liquids(Power Ade or Gatorade) to 8-10 Glasses per day
 - *Sudafed (Pseudo ephedrine HCl)* 1 tab q6h PRN Congestion x48 hours. If symptoms persist more than 48 hours notify pcp..
 - Notify physician if Symptoms Increase in Severity OR Difficulty Breathing OR Fever >24 Hours, Complaints of Chest Pain, or Coughing Blood.
6. Uncomplicated cough (without fever):
 - *Robitussin CF*, 10ml (2 tsp.) Every 4 hours PRN X 48 hours;
 - If Diabetic, use *Diabetic Tussin*, 10ml(2 tsp.) Every 4 hours PRN X 48 hours.
 - Notify physician after 48 hours if symptoms continue
 - Notify physician immediately if person complains of chest pain, coughing blood or difficulty breathing.
7. Complaints of nausea and/or vomiting (without fever):
 - Nothing by mouth (NPO) X 24h. May begin to introduce clear liquids and/or *Gatorade* (or equivalent) if nausea subsides and no vomiting.
 - At 24-48h, clear liquids and Jell-O. May begin to introduce BRAT diet (Bananas, Rice, Applesauce and Toast) if tolerated.
 - Notify or Visit Physician if One has Coffee Ground Emesis (Vomit) or Bright Red Emesis.
 - Notify physician after 48 hours if symptoms continue.

8. Complaints of indigestion, heartburn, etc.:
 - *Pepto-Bismol 2 Tbsp (30ml) every 1 hour as needed not to exceed 8 doses in 24 hours.*
 - *Do not take longer than 2 days for the same symptoms*
 - *Notify physician if no relief >48 hours or episodes number > 3x a week*

9. For Accidental Poisoning:
 - **Contact 911**
 - **POISON CONTROL CENTER # 936-2034**
 - **If unsure that a product that has been ingested is poisonous contact the POISON CONTROL CENTER #936-2034**

10. *Hydrocortisone 1% Cream* applied to skin for itching rash per package directions for a maximum of 3 days . If *Symptoms persist notify physician.*

11. Minor Cuts and Scrapes:
 - Cleanse with Soap and Water
 - Apply Neosporin Ointment (or equivalent) and dressing (Specify area on Mar, i.e. to left arm, left leg etc)

12. *A&D Ointment/Cream* or Equivalent to Peri-Area for Prevention of Irritation related to Incontinence. *Apply until healed, notify physician if no improvement after 5 days.*

13. Sore Throat; *Chloraseptic Spray* or Equivalent per Package Directions if Unable to Gargle. Notify MD if severe symptoms persist >36 hours.

Additional orders: _____

Note to Progress Staff: In case there is doubt about carrying out any of these Comfort Orders notify Physician.

 Physician Signature Date

I have been informed about the reason for the above medications and possible side effects. I give my consent for the medications.

 Signature of Service Recipient, Parent/Guardian, Conservator, or Representative Date